



Gonzalo Sebastián Santellán, M.D.

Based in Barcelona, Spain

ENG and SPN

Working-level French and Catalan.

Italian and Argentinean citizenship

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in [Dr. Gonzalo Santellán](#)

Education & Training

Medical Degree

2007 — 2012 | University of Medicine of Buenos Aires. Magna Cum Laude.

Sports and Exercise Medicine & Health Specialty

2015 — 2018 | University of Barcelona.

Jungian Analyst Training (ongoing)

2017 | Carl Jung Psychology Institute training.

Cardiovascular Performance and Physiology

2018 — 2020 | Granollers Sport Center, Dra. Maite Doñate. Fellowship on cardiology and health assessment.

Advanced Medical Life Support (AMLS)

2023 | ERC European Resuscitation Council

AI in Healthcare

2025 | Stanford University School of Medicine

EDMR Therapy Level 1

2021 | Asociación EMDR España.

Generative Coaching

2021 | Dr. S. Gilligan and R. Dilts.

Human Potential Coaching Training

2021 | Human Potential Academy

Neuroscience for Business

2021 | MIT

Mind Body Medicine, MD Course

2022 | Harvard Medical School | Postgraduate Medical Education and The Herbert Benson Institute.

Advanced Coaching Training

2022 | Advance coaching skill training with Rod Francis, MMC ICF Coach trainer, Focusing trainer and Mindfulness for Stress Reduction trainer.

Interpersonal Neurobiology with Dr Daniel S.

2023 | MindSight Institute

Attachment Across Life Spam with Dr Daniel S.

2023 | MindSight Institute

Attachment, Trauma and Psychotherapy

2024 | MindSight Institute

IPNB in Therapy

2024 | MindSight Institute

Immunity to Change with Robert Keagan

2023 | Minds at Work

Leading Change with Renee Lertzman, PhD

2023 | Project InsideOut

Becoming Prosocial with Dr Paul Atkins

2024 | Prosocial World

Leading Prosocial with Dr Paul Atkins

2025 | Prosocial World

Work Experience

Co-Lead Ambassador Programme

2024 — Ongoing | Inner Developments Goals Foundation.

Senior Medical Expert

2024 — 2025 | Allianz Insurance

Founder IDGs Plus Podcast

2023 — Ongoing | Podcast on Inner Development.

Medical Expert and Advisor

2022 — 2024 | Axa Partners Insurance

Private Medicine

2018 — 2023 | GP and Concierge Medicine for Evolution Yacht Agents.

Sante Medical Services, CEO and Founder

2018 — 2023 | Private Medicine for Superyachts Industry and High Networth Individuals

Medical International Repatriations

2018 — 2023 | Medical Repatriations around the world.

Sports Medicine Consultant

2017 — 2019 | Granollers Sports Medical Center. Barcelona. Spain.

Medical Expert and Advisor

2018 — 2019 | Axa Partners Insurance. English, French and Spanish. Barcelona, Spain.

Club Atlético Natación Barceloneta

2017 — 2024 | General Practitioner and Sports Medicine Consultant

Turo Park Medical Center

2018 — 2024 | GP and Sports Doctor in Barcelona. English, French and Spanish. Barcelona, Spain.

Health Advisor

2018 — 2019 | Desigual. GP and Healthcare Advisor in Barcelona.

General Practitioner

2017 — 2018 | MC Mutua. and Traumatology. Barcelona, Spain.

Cardiology

2013 — 2014 | Hospital Ramos Mejia Intern in Cardiology and General Medicine training as part of the cardiology training program.

Acute Medical Unit Intern

2012 | Brighton and Sussex NSH Hospital. Brighton, UK.

Hobbies

Swimming Instructor

2007 | High Performance Athletic Center (CAR). Swimming instructor training. Regularly enrolled in open water swimming. Buenos Aires, Argentina

375 hs Yoga Teacher

2019 — 2020 | Jivamukiti Yoga School. Vinyasa flow and ashtanga yoga training. Regular yoga practitioner. Barcelona, Spain and Guyarati, India.

Mindfulness Training Program Level 1 and 2

2021 — 2022 | Mindfulness for stress reduction training program. Regular meditation practitioner.

PADI Open Water Diving

2022 — Certified Open Water Diving by PADI. Barcelona, Spain.